



In pain?

Get physio help during lockdown

Video assessment & treatment via **zoom**

Don't suffer in silence

Our expert team are able to help you via the secure online service **zoom**, allowing us to:

- ✓ Visually and verbally assess the treatment required
- ✓ Provide a diagnosis
- ✓ Advise the best treatment for your problem and include a bespoke exercise programme

How it works...

1. Contact us to arrange a call-back, where we will assess your needs and arrange an appointment
2. A link to download zoom (a **FREE** zoom app*) will be provided
3. Using zoom enter a secure online 'meeting' with an expert physiotherapist, trained to help you
4. Payment is made by credit/debit card or by BACS.

- Beneficial for:**
- ✓ Back and neck pain
 - ✓ Joint pain including OA
 - ✓ Repetitive strain injuries
 - ✓ Sports injuries eg:
Runners knee
 - ✓ Post-operative rehabilitation
 - ✓ Headaches and Dizziness
 - ✓ Plantar fasciitis
 - ✓ Stroke rehabilitation



Call: 01772 435235

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The Chartered Society of Physiotherapy · The Health Professions Council

We re-open in June for urgent cases

(Subject to strict criteria)



*Internet connection & phone, tablet or laptop with a camera is required.